



## It Started With a Dream: Every Child Can Reach Their Full Potential

### Reaching Children's Potential Demonstration Project (RCP) & Ipalamwa Health Clinic (IHC)

#### The Great Challenge

- In rural Tanzania, nearly 50% of children are stunted. In concert with a 30-year partner and fueled by strong governmental support, Global Volunteers is, through the Reaching Children's Potential Demonstration Project (RCP), rising to the challenge.
- RCP is a comprehensive program uniting community partners, appropriate technology and an infinitely renewable supply of volunteers with the goal of eliminating childhood stunting in the Iringa District, Tanzania.

#### Volunteers Make the Difference!

Central to this solution is the year-round infusion of knowledge, compassion and energy provided by one to three-week volunteers of all ages, from varied, experiential and cultural backgrounds.



#### The Promise of RCP

- RCP employs workshops and home visits to deliver and reinforce health-focused skills and knowledge; ongoing, consistent support for behavior change; appropriate technology such as locally produced handwashing stations, chicken coops, garden boxes.; and early childhood education through an innovative and effective volunteer model.
- Volunteers assist with the delivery of all aspects of the RCP program; tutor in local schools at all levels; participate in work projects to maintain and improve buildings and infrastructure; and medically focused volunteers/students can assist in the Global Volunteers-funded, partner-run maternal and child health clinic.
- This clinic optimizes the volunteer resource and provides a safe, sanitary, supportive environment to meet the needs of pregnant mothers from conception to birth and children through the first 1,000 days of life.

# Global Volunteers®



**Volunteer healthcare professionals and health focused students** work alongside their Tanzanian counterparts at the Ipalumawa Health Clinic (IHC), providing care to village residents and making available the latest research, techniques and information in their areas of expertise. All Tanzanian clinic staff are fluent in English and translate in the moment for all families and volunteers.

Volunteers can provide any services that they are certified and credentialed to provide in the US (or their home country). Volunteers are also able to help with clinic administrative support and childcare as needed to support clinic services.



## IHC services currently include:

- Prenatal and postnatal care
- Infant care including sick- and well-care
- Family Planning resources
- Routine healthcare (nonsurgical)
- Routine deliveries

## In the near-term services will include:

- Transportation to the hospital for high risk pregnancies



Volunteers stay in the new Volunteer RCP Center built by Global Volunteers specifically for volunteers. Every effort has been made to ensure safety and as much comfort as possible in this spectacular rural setting on the top of the mountain, at the end of the road in Tanzania.

**For more information and to find out how you can participate visit:  
globalvolunteers.org or call 800-487-1074**